

NeftTI/EFT International Mentoring for 2019/20. (Sept – July)

With Nancy Forrester

Who Mentoring is for:

- Certified and Accredited EFT Practitioners
 - Full or part time practitioners, practitioners building a practice or not yet seeing clients but wanting to meet their mentoring requirements with EFT International.
- Regulated Health Professionals – in one of Ontario's 6 Health Colleges or provincial equivalent.
 - Full or part time practitioners or building a private practice.

Forms of Mentoring available:

- Private Mentoring with Nancy
- Small Group Mentoring with Nancy

What does Mentoring include:

- Client Consultation
- Personal Growth as it pertains to client work
- Business Growth

PRIVATE MENTORING with Nancy

Private mentoring can be booked on an hour by hour basis or in a package of 6 sessions. Cost per hour is 150 plus taxes with a 10% discount for packages of 6.

This mentoring can either be scheduled in advance or can be booked when the need arises. There is no need for a full hour to be used if it's not required – the remainder of the hour can be banked for future use. (20-minute minimum)

Email Nancy.Forrester@NeftTI.com to schedule a time.

SMALL GROUP MENTORING with Nancy

Previously NeftTI offered 'in person' mentoring days several times throughout the year. A participant would meet their 6 hours of mentoring required by EFT International by attending one of these days. There are 2 issues that I've identified with this format – one professional and one geographical.

Professional: I believe mentoring is best done inside an ongoing relationship, where there can be trust and connection built between mentor and mentee. Although the single, in-person day efficiently met the EFT International annual requirement of 6 hours of mentoring, the ongoing relationship between mentor and mentee wasn't present and practitioners were less likely to hold themselves accountable to having mentoring throughout the year. For me, this is a professional and ethical issue.

Geographical: with NeftTI's expansion across Canada and the northern States, coming to an 'in-person' mentoring day has become more challenging for a significant number of graduates.

The new small group concept: Mini Mastermind Mentoring Groups

Purpose: To provide access to a mentoring relationship throughout the year in a way that is financially and geographically accessible to participants.

Structure: Four 2 hour zoom meetings scheduled between Sept. 2019 – July 2020.

A total of 8 hours. Since EFT International requirement is 6 hours annually, someone could miss one group meeting and still meet their mentoring requirement.

Group size: Ideally 4 people. The same 4 people stay together for the mentoring year. This allows both a mentoring and a collegial relationship to build as well as give participants access to their mentor over the course of the year. It also allows the group to decide if they want to meet outside the mentoring hours – perhaps peer mentoring, tapping buddies or group conversations about topics of interest – or just checking in with each other for support and connection.

Group Members: Ideally, group members selected each other with paying attention to similarities such as stage of business development, number of clients and nature of clients being seen. This is so that the borrowing benefits part of the mentoring adds greatest value to all.

Group members may be certified accredited EFT Practitioners or regulated Health Professionals.

Format of the 2-hour meeting: Participants are expected to self-regulate before coming on the call and to have an intention and idea of what they would like to address on the call. There will be a short opening meditation or tapping sequence. Each person will have approximately 20-25 minutes of time focused on their needs, whatever that might be: client consultation, personal work, business questions etc. (Others will borrow benefits from time focused on individual participants). Finally, a short closing meditation, prayer or tapping sequence.

Times: Ideally the group and mentor will schedule mutually agreeable meeting times at the start of the year, as evenly throughout the year as possible.



Nancy Forrester, **Founder and Executive Director**
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Certified Matrix Reimprinting Practitioner

Business Number: 85313 8246 RT0001

Cost: 8 hours of small group mentoring, \$400 plus taxes.

How to Join:

- a) Form your own group of 4 people, email Nancy.Forrester@NeftTI.com to schedule meetings and make payment arrangements.
- b) Let Nancy know by September 15th that you are interested in small group mentoring and she will put you into a group.

Looking forward to learning and growing with you this way!

Nancy